

# Opportunities to Volunteer with NHS Grampian

May 2024



Location	Volunteering Opportunity
<p><b>ABERDEEN CITY CENTRE</b></p> <p><b>Aberdeen City Vaccination &amp; Wellbeing Hub</b> - Bon Accord Centre, George Street, Aberdeen AB25 1HZ</p>	<p><b>Welcome Volunteer</b>            Providing patients with a wee cuppa and a conversation and supporting signposting services.            We are open Monday - Saturday 0915-1630, if you are interested in supporting at all please get in touch.</p> <p><a href="mailto:gram.acvcbonaccordbookings@nhs.scot">gram.acvcbonaccordbookings@nhs.scot</a></p>
<p><b>Roxburghe House</b>            Ashgrove Road, Aberdeen, AB25 3BX</p>	<p>Coffee Bar/Tea Trolley Volunteers            Drivers (own vehicle required, mileage reimbursed)</p> <p><i>(Updated April 2024 - We have limited vacancies at present but are seeking support for weekends - please contact us to register your interest for future recruitment drives including weekends)</i></p> <p><a href="mailto:gram.roxburghehousevolunteers@nhs.scot">gram.roxburghehousevolunteers@nhs.scot</a></p>
<p><b>Woodend Hospital</b>            Eday Road, Aberdeen, AB15 6XS</p>	<p>Volunteer Visitor            Befriender            Sunday Service Escort            Gardener</p>
<p><b>Rosewell House</b>            194 Kings Gate, Aberdeen, AB15 6XN</p>	<p>Befriender</p>
<p><b>Cornhill Hospital</b>            Cornhill Road, Aberdeen, AB25 2ZH</p>	<p>Volunteer Visitor            Sunday Service Escort</p>
<p><b>Aberdeen Royal Infirmary</b>            Foresterhill Health Campus,            Foresterhill Road, Aberdeen AB25 2ZN</p>	<p>Volunteer Visitor</p> <p>Welcome &amp; Wayfinding Team <i>(Updated January 2024 - We are not currently recruiting to this role whilst we onboard previous applicants but please register your interest for this and other future recruitment drives)</i></p>
<p><b>Aberdeen Maternity Hospital &amp; Community Breastfeeding Groups</b></p>	<p>Breastfeeding Peer Support Volunteer  <a href="mailto:gram.breastfeedingsupport@nhs.scot">gram.breastfeedingsupport@nhs.scot</a>  <a href="https://www.facebook.com/breastfeedgrampian">https://www.facebook.com/breastfeedgrampian</a></p>
<p><b>Locations across Aberdeen City and Shire</b></p>	<p>Community Chaplaincy Listening Volunteer  <a href="mailto:gram.listening@nhs.scot">gram.listening@nhs.scot</a>  <a href="http://TheListeningService(nhsgrampian.org)">The Listening Service (nhsgrampian.org)</a></p>

<p><b>Moray Area</b></p> <p>Dr Grays Hospital in Elgin &amp; Community Hospital Locations across Moray including The Oaks Palliative Care Day Care Unit in Elgin</p>	<p>Contact</p> <p><a href="mailto:gram.involvemoray@nhs.scot">gram.involvemoray@nhs.scot</a></p>
<p><b>Other Volunteering Partners working on the following sites:</b></p> <p>Aberdeen Maternity Hospital, Royal Aberdeen Children's Hospital &amp; Aberdeen Royal Infirmary</p>	<p>Friends of Anchor Grampian Hospital Radio RVS The Archie Foundation</p>

## [Roxburghe House](#)

Located on Ashgrove Road Aberdeen, Roxburghe House is a specialist palliative care unit managed by NHS Grampian where care concentrates on symptom control for patients with life limiting illness. The multi-disciplinary clinical team is committed to delivering care that ensures the best quality of life for the patient enabling them to live as full a life as possible within the constraints of their illness. The Unit also provides support to carers and families. Opportunities to Volunteer at Roxburghe House include:

### **Coffee Bar/ Tea Trolley**

Providing a service to patients and visitors at the coffee bar which offers complimentary tea and Coffee, with the addition of serving various priced items including cold drinks and snacks. Keeping the coffee bar area clean and tidy. There is an additional requirement to welcome and signpost patients & visitors to the Unit when the receptionist is not available. Other duties to assist the Inpatient Unit staff with provision of the afternoon tea round, providing a refreshment trolley service for hot and cold drinks for the patients. The coffee bar and tea trolley are covered Monday – Sunday with various shifts between 10.00 – 16.00 hours.

### **Volunteer Driver**

Volunteer drivers help support patients attending our Day Unit. Using your own vehicle and reimbursed with mileage costs, you would be providing a personal transport service for independently mobile patients attending Roxburghe. This requirement is for a Tuesday to Thursday, collecting patients from home and returning them after attending the Day Unit. A clean, current driving licence is required.

#### **Notes specific to Volunteering at Roxburghe House**

- We gently suggest that volunteering at Roxburghe House may not be suitable for those that have suffered bereavement in the last 12-18 months.
- Unfortunately, we are unable to offer placements for those under 18 years of age.

Contact us for more information: [gram.roxburghehousevolunteers@nhs.scot](mailto:gram.roxburghehousevolunteers@nhs.scot)

## [Woodend Hospital & Rosewell House - Contact \*Fiona.thomson3@nhs.scot\*](#)

### **Befriending**

Woodend Hospital & Rosewell House – volunteers are required on weekdays between the hours of 10.30am and 4.30pm excluding mealtimes.

### **Gardening**

Woodend Hospital – 2 hourly session per week Apr-Oct, weather dependent.

#### **Information specific to Woodend and Rosewell House**

- Minimum commitment 26 sessions over a minimum of 6 months.

## Volunteering for Spiritual Care & Patient Visiting

### Chaplaincy Volunteer Visitors - Woodend Hospital, Royal Cornhill Hospital and Aberdeen Royal Infirmary

Hospital chaplains work with a large group of volunteers who assist in many different ways and the team of Volunteer Visitors are trained by the chaplains to visit patients in the wards.

### Sunday Escorts for Woodend & Royal Cornhill Hospitals

We are recruiting Chaplaincy Sunday Escorts to help with the services at Woodend and Royal Cornhill Hospitals. Escorts collect patients from the wards and bring them to the area where the services take place (usually in wheelchairs), sit with them during the half hour service, taking them back to the wards after the service.

We have a rota system so that each escort is committed to only one Sunday a month. The service at Woodend starts at 10.30am and is held in the Day Room of Stroke Rehabilitation (West). Escorts are asked to attend by 9.45am and are usually finished by 11.15am at the latest. The service at Royal Cornhill Hospital starts at 11am and is held in the waiting area of Block A. Escorts are asked to arrive between 10.15am and 10.30am and are usually finished by 11.45am.

If you would like to find out more about these opportunities, please contact the Chaplains Office on 553316 or email us at [gram.chaplaincy@nhs.scot](mailto:gram.chaplaincy@nhs.scot)

### Aberdeen Royal Infirmary

#### Welcome & wayfinding Team

*May 2024 - This opportunity is currently closed to new applicants but please contact us via [gram.volunteer@nhs.scot](mailto:gram.volunteer@nhs.scot) to register your interest and a Volunteer Coordinator will be in touch to discuss your availability for volunteering for Aberdeen Royal Infirmary*

This role provides a unique opportunity in Aberdeen Royal Infirmary to meet a wide variety of people; patients, visitors, carers, staff and transport providers. We require a commitment of 2-3 hours a week, with morning or afternoon shifts between 9.30 am and 3.30 pm working in teams. The service is currently based at concourse & rotunda entrances ARI with plans to extend this across the Foresterhill site.

A mature and friendly nature is required in this role, volunteers should demonstrate an interest in others, confidence in approaching people to offer assistance and be comfortable with chatting with visitors helping put them at ease.

Team members must have a good level of fitness as you will be 'on your feet' for most of the shift and you need to accompany visitors to their destination. If you have any questions around this, please contact the Volunteer Coordinator.

This is a very busy role working without direct supervision across the hospital and you must be able to remain calm in challenging situations, be able to take direction and seek guidance when necessary.

#### Notes specific to this opportunity

- A good level of spoken and in reading English is essential for this role.
- Unfortunately we are currently unable to offer placements for those under 18 years of age in this role.
- Due to the training involved this role requires a minimum 12 months commitment.
- Whilst training applicants may be required to work a number of different shifts to complete their induction before being placed onto a regular morning or afternoon shift Monday to Friday.
- A personal email address is essential for this opportunity

## OTHER VOLUNTEERING PARTNERS

### Grampian Hospital Radio

[volunteering \(ghr.org.uk\)](http://ghr.org.uk)

At Grampian Hospital Radio and Radio RACH, we are always on the lookout for more volunteers to help keep our service going. There is more to Hospital Radio than presenting shows and members are expected to get involved in all aspects of the organisation. Under 18s – please enquire direct.

Request Collecting, Fundraising, Technical and Presenting Opportunities – please contact 01224 552964 or e-mail John Graham, [vicechairman@ghr.org.uk](mailto:vicechairman@ghr.org.uk)

### Royal Voluntary Service - On ward Hospital Retail Trolley service and Café Volunteers

#### Aberdeen Royal Infirmary, Aberdeen Maternity and Royal Aberdeen Sick Children's Hospitals

Contact via their website [www.royalvoluntaryservice.org.uk](http://www.royalvoluntaryservice.org.uk) selecting volunteering or by telephone via 01224 682877. RVS will consider applications from under 18s in their café's but not within the retail (ward trolley) role.

### Friends of Anchor

The ANCHOR Unit is a collective of specialised wards and clinics within Aberdeen Royal Infirmary providing cancer and haematology care for the North-east of Scotland.

[Volunteer with Friends of ANCHOR](#)

### ARCHIE

[Archie - Volunteer with us](#)