

Contents

Project Update - 1

Site Progress - 3

Self Check In and Patient Call System - 5

An update from The Archie Foundation – 6

An update from Friends of ANCHOR – 8

A communication and engagement round up - 9

PROJECT UPDATE

Jackie Bremner, Project Director



Welcome to the July 2023 newsletter. Construction work on both developments continue to progress, the focus on ANCHOR continues to be on internal fit out works and landscaping. At The Baird Family Hospital the external works continue to progress. Work to erect the internal partitions continues along with the mechanical and electrical installations.

The NHS Grampian Board now receive an update on project progress at each meeting. The papers for each Board meeting can be found on the NHS Grampian website (nhsgrampian.org) under Grampian NHS Board Meetings/ [2023 Board Papers](#) .

We continue to work closely with NHS Scotland Assure who are supporting us as we close out the issues highlighted in the recent ANCHOR Key Stage Assurance Review Report. They are also helping us with advice and guidance as we review elements of the design for both buildings to ensure that up to date learning on healthcare acquired infection (HAI) is incorporated and that both buildings will be operated to the highest standards of quality and safety. Key areas of focus include the design of water systems and ventilation.

Our most recent forecast opening date for The ANCHOR Centre is late 2023/early 2024 and Autumn 2024 for The Baird Family Hospital but this remains uncertain pending agreement on any further changes that may be identified from the design review which we hope will conclude in the near future.

We look forward to providing a further update on progress in the next edition of this newsletter.

This will be the last update from Jackie Bremner, our Project Director. Jackie is retiring after 44 and a half years of working for the NHS, nearly 43 of those years in Grampian.

We spoke to Jackie before she heads off to enjoy her retirement, “*I have had a*

wonderful career, initially in nursing roles and during the last 25 years in management, planning and infrastructure. I have worked with many wonderful people over the years and I am now looking forward to the next phase of my life with a number of exciting adventures already planned. Thank you to NHS Grampian colleagues past and present and especially to the magnificent Baird and ANCHOR Team.”

Our next project update will come from Garry Kidd who will take over the role of Project Director. On behalf of the team and NHS Grampian a huge thank you to Jackie and wishing you a long and happy retirement.

Please follow our project on Social Media for our latest news and opportunities to get involved – and invite your friends to like our pages too!



@bairdanchor



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Dedicated project website available at www.bairdanchor.org or email the team at gram.bairdandanchor@nhs.scot

BAIRD AND ANCHOR SITE PROGRESS

Mike Whyte, Technical Supervisor

Since the last update good progress has been made to both Baird and ANCHOR.

The Baird Family Hospital external envelope rendering and cladding is progressing well and has been boosted by the recent spell of good dry weather.



Baird west elevation (main entrance) facing Foresterhill Road – almost complete

The Baird Family Hospital internal fit out is advancing well. The electrical first fix is ongoing on the ground floor and mechanical first fix is continuing on the lower ground/ground floor and has recently commenced on the first floor.

The stud partitioning/dry-lining is progressing on the ground, first and second floors and will shortly be commencing on the third floor. Decoration has commenced on the lower ground floor which is a significant milestone.

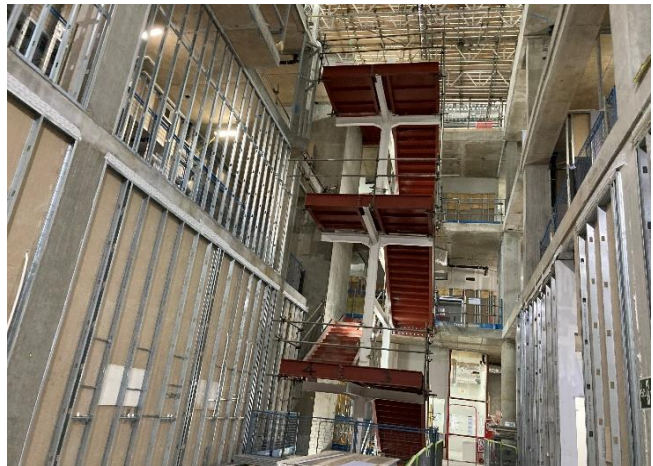


The Baird Family Hospital – metal stud partition installation ongoing



Baird east elevation – scaffolding in process of being erected on east and north elevations in preparation for the insulation / render system

The atrium feature staircase is currently having its fire proofing paint applied and the lift installation has now started.



The Baird Family Hospital – Atrium/feature stair

The ANCHOR Centre external rendering is now complete and the exterior is being cleaned and looking sharp in preparation for final inspection.

The fencing, landscaping and planting are progressing well and the access road and pavement formation is underway.



The ANCHOR Centre west elevation – view of the ongoing road formation, landscaping and groundworks.



The ANCHOR Centre – west elevation landscaped courtyard adjoining Radiotherapy

The ANCHOR Centre internal fit out is nearing completion. The lower ground floor is at the most advanced stage and is currently in the process of being inspected by GRAHAM supervisors to identify snags and outstanding work in preparation for final inspection by the NHS Grampian Technical Team who will ensure the building is free from defects, is fully functional and operational. Part of the ground floor is at a similar stage and the first floor is not far behind.

The Aseptic Pharmacy Suite is predominantly complete with the installation of final fixtures and equipment installed leaving only minor snagging prior to commissioning and cleaning.



The ANCHOR Centre – Lower Ground Floor Aseptic Pharmacy Suite Outer Support Room

The ANCHOR Centre first floor large open plan office for NHS Grampian staff is complete and ready for the ceiling installation and carpet tiles to be laid on top of the raised access steel floor tile system which provides an under floor route for electrical / data cables to floor pods (socket outlets). This ensures minimal disruption to office functions and much more flexibility compared to routing services through ceiling voids and having to install power columns.



The ANCHOR Centre First Floor - open plan office

SELF CHECK IN AND PATIENT CALL SYSTEM

Kelly Easton, EHealth Lead, Baird and ANCHOR Project

The 4th April 2023 saw self check in and patient call go live within Clinic D in Aberdeen Royal Infirmary (ARI). This trial has been introduced now so we can test the technology and to allow patients and staff to get used to the system before moving to Baird and ANCHOR.

Self check in is the ability for patients to arrive themselves for scheduled appointments – similar to what is/was common place in GP practices. Initially we are focussing on the patient using a physical kiosk to check in but we will also be looking at the capability for patients to be able to check in via a mobile device app.

Patient call is the ability for the clinicians to call the patient from the waiting room through to the consulting room using the screens in the waiting room – again similar to what is/was common practice in many GP practices.

Since go live almost 800 patients have arrived for their Clinic D appointments using the kiosk. On average 88% of patients with face-to-face appointments are successfully using the kiosk.

Early analysis suggests the main reasons why the remaining 12% are opting to arrive by reception are either patient's choice to speak with a receptionist or a patient is arriving out with the kiosks' current time parameter settings (currently the kiosks are set to only allow self check in up to 30

minutes before the appointment time and up to 5 minutes after).

Feedback has been predominantly positive from patients and staff who have used the system with all agreeing the system is simple to use. Nursing staff who trialled the patient calling element also agreed the system was not onerous or complicated.

Self check in and patient calling will be a key system involved in managing real-time patient flows around both the new ANCHOR Centre and The Baird Family Hospital. Planning is now well underway to pilot the system within Radiotherapy. Further pilots are in the planning to test the integrations with the other appointment systems which will be used in Baird and ANCHOR, and for the services to gain familiarity with the system.

AN UPDATE FROM THE ARCHIE FOUNDATION

By Paula Cormack, Chief Executive

The Archie Foundation has had a busy start to 2023 with strong support taking us tantalising close to the halfway mark in Archie's Baird Appeal £2m fundraising target.

Walking was a key theme of the first half of this year with hundreds of Archie supporters taking on "Archie's Marathon March" challenge to walk or run a mile every day through the month of March and/or the various Kiltwalks up and down the country. Davie Hill knows more than most the difference that charity support makes for maternity and neonatal services.

He took walking to new heights! Davie's youngest daughter, Georgia, received life-saving care from the medical team at NHS Grampian and it was her challenging journey that led him to take on a goliath challenge this year. This fundraising efforts will go towards new and additional life-saving equipment at The Baird Family Hospital, above and beyond what core NHS funding can provide. In March this year Davie set off from Everest Base Camp, scaling four peaks before going on to summit the 20,210-foot-high 'Island Peak' glacier summit. Davie's original fundraising target was £10,000. He has now raised over £30,000 to help Archie "deliver the difference" at the Baird.



Long distances and mountain climbs continued to feature heavily in Archie's fundraising for the Baird this year. In June twenty cyclists took part in the BP Coast 2 Coast challenge in support of Archie's Baird Appeal. They pedalled 220 miles, from Gairloch to Aberdeen, raising over £20,000 to fund artwork and environment enhancements across the second floor and the all-important bridge linking the Baird to RACH and ARI.

Next on the fundraising horizon is Battle of the Badges which now sports double the fun with the very welcome addition of two new teams. Team SAS (Scottish Ambulance Service) and Team NHS will for the first time join veteran teams Police and Team Fire to battle it out to take home the trophy. All players in this charity football tournament are paired with mascots who have been supported by Archie, many of whom are part of Archie's "neonatal family". You can read more about them here - <https://archie.org/battle-of-the-badges-2022-players-and-mascots/>



There are many more intrepid (and some more sedate!) opportunities to get behind Archie's Baird Appeal this year, these are listed on our website www.archie.org/events. There really is something for everyone, even those who just want to curl up with a good book! We were proud to support the launch in November 2022 of the wonderful "Bringing Life to Aberdeen" book written by Professor George G Youngson, Lesley G Dunbar, Alison T McCall and Fiona J Rennie to share the fascinating history of maternity and neonatal services in the City. Copies are available on The Archie Foundation's website with all proceeds to Archie's Baird Appeal.

Archie's Baird Appeal will fund the "extras" over and above core NHS provision, helping transform what will be a clinically state-of-the-art hospital into a world class facility. Our appeal will fund specialist medical equipment and services as well as enhancing the hospital environment to enrich the patient, visitor and staff experience. We are so grateful to our supporters for the difference they are making for literally thousands of babies and families who will be supported at The Baird Family Hospital every year. To find out more about Archie's work and how you can get involved visit www.archie.org or email us at hello@archie.org.

AN UPDATE FROM FRIENDS OF ANCHOR

By Erica Banks, Head of Communications

As the opening of The ANCHOR Centre draws ever nearer, our plans for funded support within the building, through our 'ANCHORED Together appeal', are gathering pace.

We look forward to sharing more with our donors about how their generous donations will directly enhance the facilities available for patients, including the creation and fit-out of a complementary therapy suite (visuals coming soon!). Keep an eye out on our social media (simply search for 'Friends of ANCHOR'), where we'll be unveiling some of these wonderful additions that can be made to the Centre, all thanks to your support.

This year, all fundraising from our own annual events will bolster our support of the Centre. That includes the fundraising from Courage on the Catwalk and Brave, which showed to five sold-out audiences at the Beach Ballroom in May.

Taking to the stage at the Beach Ballroom for the shows were 24 men and 24 women, all from the region, who made their modelling debuts after two months of choreography rehearsals, social events, pampering and styling.

The events raised a record sum this year, with the collective total reaching a huge £315,000+, thanks to our models who embraced the experience wholeheartedly, our generous audiences and the support from our sponsors.

This year's event also saw us bid farewell to the Beach Ballroom, where Courage on the Catwalk did all their growing up, since being launched in 2013 and 2017 respectively. From next year, they will move to a new home at P&J Live in Aberdeen, with table reservations and waiting lists now open.



Also contributing towards our ANCHOR Centre fundraising are the efforts of our Kiltwalkers, who were out in force for the Aberdeen event on June 4. More than 230 people donned their red T-shirts to represent the charity as they tackled the 18 miles from Duthie Park to Banchory, or the 3 mile 'Wee Wander'. Our sincere thanks to our walkers, who collectively have raised in excess of £59,000.

To keep up to date with our remaining events for the year, and next year's calendar, please follow us on social media or visit our website at friendsofanchor.org

COMMUNICATION AND ENGAGEMENT ROUNDUP

By Lauren Tweedley, Projects Engagement Manager

It's been a busy old time in the world of communication and engagement, here's a roundup of some of the things we've been up too....

Floor Plans

We now have A1 printed floor plans up in all existing areas of services that will move to Baird and ANCHOR. This will be really useful for staff to visualise and plan their new spaces and it will hopefully be helpful for patients and visitors to see where the various departments will be located in each building. On each plan there is a QR code (also below) which if you have any questions please scan and a member of the team will get back to you. Alternatively you can still email the project team at gram.bairdandanchor@nhs.scot.



If you have a question,
scan here!

Drop in Sessions

We hosted a drop in session in June at the rotunda entrance at ARI for staff, patients

and visitors. Members of the project team were on hand to talk through plans and answer any questions. We plan to hold these on a regular basis - next session 11th July 9am-1pm at the Rotunda ARI.



Art Consultation

We held our last ANCHOR art consultation event on 1st of July. Look out for dates coming soon for Baird consultation events.



Meet the Artists

Patient Story

Thank you to Kim for sharing her story....

My Story

In 2018 I found a lump in my breast and was referred to the breast clinic. On the same day as my appointment I had mammograms, an ultrasound, examinations and a biopsy then my consultant confirmed that I had breast cancer and would need chemo, followed by surgery, radiotherapy and hormone treatment. Me and my family were devastated and in shock but I wasn't prepared for what was to follow. Although I was well supported and received great care by the breast team and ANCHOR Unit staff, I spent the next 8 months in a whirlwind going between appointments, mammograms, scans, tests, chemo, surgery, radiotherapy and treatment. It sometimes felt that there was no part of the hospital I didn't see and this caused me stress and anxiety at a time when I should have been concentrating on my health and wellbeing.

I've spent time looking at the plans for the new Baird Family Hospital and ANCHOR Centre and I feel that the new facilities will vastly improve patient care in many ways. Firstly for when it comes to treatment by having everything under one roof as this will cut out the stress and anxiety of navigating the main hospital.

I spent much of the day I had surgery in a waiting room before getting a bed on the ward. The patient rooms in the new Baird Family Hospital are all comfortable and individual and also allow space for family members to be close during surgery, cutting down stress for patients. The theatres are on the next floor where currently it is a long trip to the theatres from the ward.

The light and airy atrium spaces in both buildings will be a comfortable space to rest and process information, whether it is a breast surgery appointment in the Baird and for treatment in The ANCHOR Centre. These areas will provide space for peace and relaxation after appointments.

The Friends of ANCHOR complementary treatments provide much needed respite and distraction from the stress and worry of treatment. The new complementary therapy room will allow them to deliver a greater range of treatments improving the physical and mental wellbeing of patients. The area will provide a relaxed and calm environment for people to get complementary treatments that support recovery.

