

Wednesday 27 July 2022

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**National Treatment Centre – Grampian (NTC-G)** This project is now one of eleven centres across Scotland being developed to increase capacity and efficiency of elective services. Issue 2 of the project newsletter is attached to the email used to send out this brief. In it, you will find a project update, news about the MRI scanner at Dr Gray's Hospital, and the planned next steps. Members of the Project Team have arranged briefing sessions for clinical and management leads for those services involved in the project. If your team/service would like to arrange a separate session, or if you have any questions about the NTC-G project, or you'd like to be added to our distribution list, please email [gram.ntc@nhs.scot](mailto:gram.ntc@nhs.scot).

**Trickle trial – your chance to get involved** Thank you to those who have already come forward and signed up as pilot users of the Trickle app. It's not too late to get involved, [so please do fill in this form to put your team forward or find out more](#).

We are organising training demos and Q&A sessions - these are for existing pilot users, anyone interested in signing up, or anyone just interested to find out a bit more. To book a place or to get a copy of the recording, [please leave your details here](#) and the team will be in touch.

For those who prefer a quick read at your leisure, we've put together a FAQs sheet (attached); any questions/queries/comments are welcome to [gram.systemconnecthub@nhs.scot](mailto:gram.systemconnecthub@nhs.scot)

**NMAHP Welcome - 18 August 2022 12.30-4.30pm** New graduate nurses, midwives and Allied Health Professionals are invited to attend the NMAHP Welcome event on Thursday 18 August. The session allows new graduates to meet some of the senior leadership team whilst finding out more about NHS Grampian support services and the Flying Start Programme. The event takes place via MS Teams, and you can book your place on TURAS by searching for 'NMAHP Welcome' [or using this link](#). If you have any other queries please get in touch with your local education teams, line manager or email [gram.practiceeducation@nhs.scot](mailto:gram.practiceeducation@nhs.scot).

**Fully funded Courses** Robert Gordon University are providing a small number of fully funded short courses for health & social care staff wishing to upskill. This is a fantastic opportunity for all HCSWs or anyone working within health & social care. [Please read all the information closely before applying](#). The Personal and Professional Development course deadline has passed, and some others are in the very near future so if you are interested - don't delay!

**Mental Health & Wellbeing Strategy – national consultation** The Scottish Government have launched [a public consultation on 'A new Mental Health and Wellbeing Strategy.'](#) They're looking for a broad range of views to help inform the final strategy, which will be published before the end of 2022. We'd encourage as many of you as possible to click on the link above and share your views.

## We Care Wellbeing Wednesday

- **Wellbeing Session- New dates on Turas** – A variety of training sessions are currently on offer by Public Health under We Care Turas page. Follow the links below to find out more about the courses of interest to you. All wellbeing sessions under We Care on Turas can be accessed by all colleagues by registering with [Turas](#)

Mon 1 Aug, 2-3pm, [Stress Awareness](#)

Thurs 4 Aug, 10-11.15am, [Relaxation Workshop](#)

Tues 16 Aug, 10-11.30am, [Recovery in Mental Health](#)

Thurs 18 Aug, 10am-12noon, [Promoting Resilience](#)

Thurs 1 Sept, 10-11.15am, [Stress Awareness](#)

Tues 6 Sept, 10-11.15am, [Relaxation Workshop](#)

Mon 19 Sept, 10-11.30am, [Recovery in Mental Health](#)

Tues 20 Sept, 10am-12noon, [Promoting Resilience](#)

- **Spaces for Listening – August and September Dates** These sessions take place over MS teams, allowing up to eight people to meet and share their thoughts and feelings in a safe place.

8 August, 10-11am, contact [amanda.scott5@nhs.scot](mailto:amanda.scott5@nhs.scot)

15 August, 10-11am, contact [amanda.scott5@nhs.scot](mailto:amanda.scott5@nhs.scot)

23 August, 3-4pm, contact [fiona.soutar@nhs.scot](mailto:fiona.soutar@nhs.scot)

24 August, 10-11am, book via [Eventbrite](#)

30 August, 4-5pm, contact [annsmith1@aberdeencity.gov.uk](mailto:annsmith1@aberdeencity.gov.uk)

5 September, 3-4pm, contact [fiona.sharples@nhs.scot](mailto:fiona.sharples@nhs.scot)

14 September, 9.30-10.30am contact [linda.mcauslan@nhs.scot](mailto:linda.mcauslan@nhs.scot)

23 September, 10-11am, contact [fiona.sharples@nhs.scot](mailto:fiona.sharples@nhs.scot)

29 September, 4-5pm, book via [Eventbrite](#)

- **Get in Touch with We Care-** We appreciate your feedback and suggestions on what matters to you and your team so please feel free to get in touch with us via the [We Care Email](#), or contact us through [The We Care Anonymous Feedback form](#). You can also keep up with us on social media; We Care has accounts on Instagram, Twitter, and Facebook. Let us know what you are up to and remember to use the hashtag #GrampianWeCare.

**Tune of the day** We're saying two goodbyes today; it is farewell to Debra Neri and Lesley McCulloch, both secretaries at Rubislaw Place Medical Group. Between them, they've racked up 54 years of service. The team at the practice have requested [Ooh La La by The Faces](#) to celebrate Debra and Lesley and I am happy to oblige! (EP)

If you want to request a tune, follow up on items included in this brief, or suggest an item for sharing, drop us an email via [gram.communications@nhs.scot](mailto:gram.communications@nhs.scot)