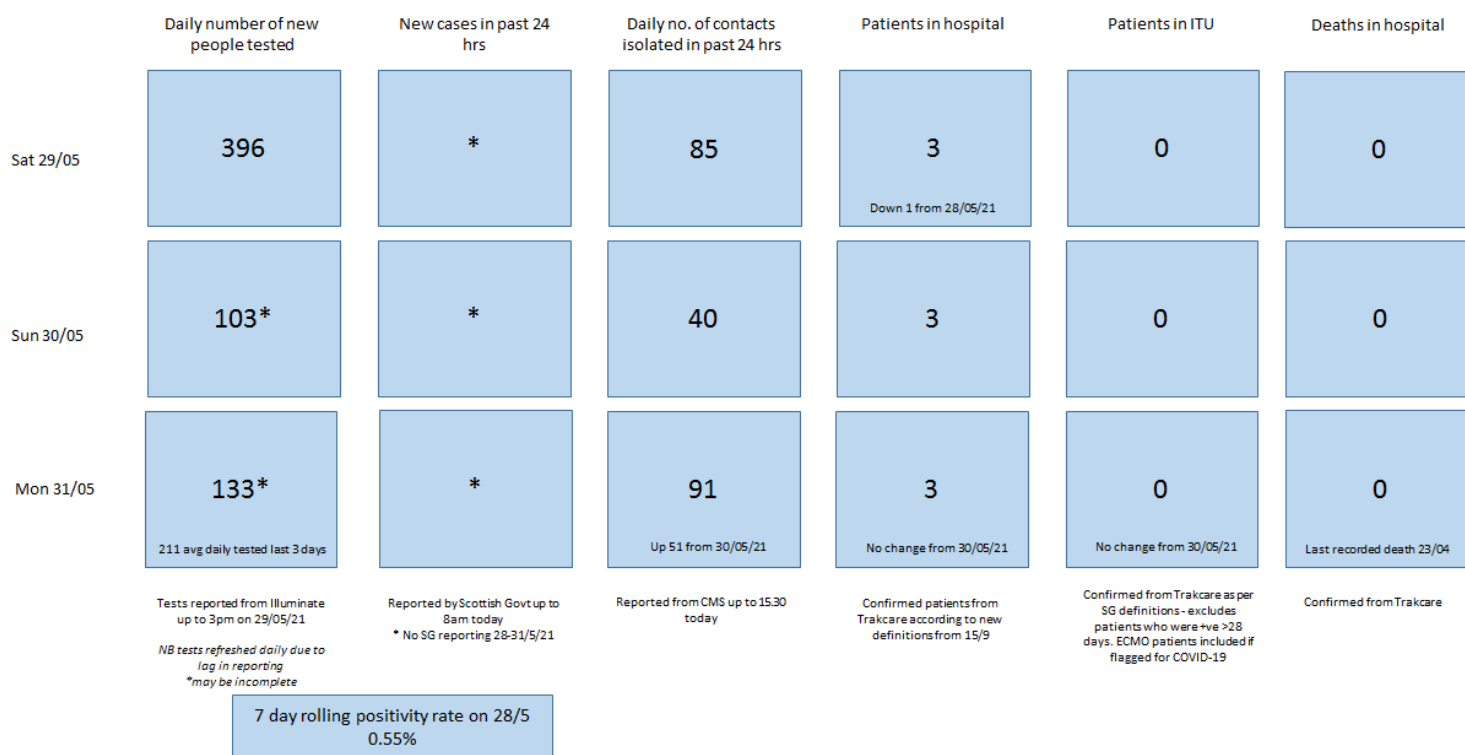


Here is the brief for Monday 31 May 2021.

Grampian data The local figures for today (and over the weekend) and the 7-day rolling positivity rate are shown below. As a reminder, this rate is arrived at by dividing the number of positive tests in the past 7 days by the number of tests carried out in the past 7 days. Repeat tests are included in both categories, whereas the figures we show here only record new tests.



As noted on Friday, there is reduced reporting due to the holiday weekend. Full data on cases numbers will be published tomorrow. The Public Health Scotland daily dashboard is available to view [here](#).

Dementia Awareness Week The theme of this year's awareness week is **Hidden Voices, Hidden Impact, Hidden Cost: Lets Talk About Dementia**. On Friday we shared information about the Getting to Know Me (GTKM) personal profile tool. It's over to Lyn Pirie (Alzheimer Scotland Dementia Nurse Consultant) to explain more:

"The GTKM tool was created by the National Dementia Consultant network, consisting of Alzheimer Scotland Dementia Nurse Consultants and AHP Dementia Consultants in Scotland, in conjunction with the Scottish Government and people with dementia. It is a nationally available and recognised tool which can aid and support person-centred care. It can be instrumental in providing key information to support people with a diagnosis of dementia during a stay in hospital. However, this document can also support person centred care for everyone, depending on their circumstances.

"My personal example is when my son had a stay in hospital around 2 years ago that impacted on his ability to speak. The GTKM was provided to staff and provided key information for the team looking after him at a time when he could not verbally communicate with them, (much to his annoyance) as we completed our GTKMs as a family. As a teenager, at that time, he did not see the benefit for him, but Mum was proved right!

“As the Alzheimer Scotland Dementia Nurse within NHS Grampian I am posing a challenge to anyone and everyone working in health & social care: download, print and complete your own GTKM, using the link below, and post a picture with your document to social media, using #GTKMDAW2021

<https://www.alzscot.org/our-work/dementia-support/information-sheets/getting-to-know-me>

“I know embedding practices, such as the use of the GTKM document, takes time, support and commitment. I believe that raising the profile of the GTKM during DAW21 and completing for ourselves will provide the opportunity to recognise the advantages that the document can bring to us as care providers. I look forward to seeing all the social media activity during DAW and thank you all in advance for your continued commitment to Dementia Care.”

We Care programme - Worried about money? Dealing with money worries can impact our physical and mental wellbeing, affecting all aspects of our lives. Whether it's due to redundancy, ill health, caring responsibilities, paying bills, or uncertainty over the future, the pressure of money worries can be overwhelming.

However, you don't have to worry alone, accessing help and support can be the first step in helping to work through money worries. Visit [our financial support webpage](#) to find a wide range of confidential practical support and information including information on help with mortgage issues, budgeting, loans and financial support available for parents to get you feeling back in control.

Sexual Health & COVID-19 Sexual and Reproductive Health North East are holding an update session on 'Hot Topics - COVID', which will be held, via MS Teams, on Friday 11 June 2021 between 9am-1pm.

The event is targeted at all staff who are interested in Sexual and Reproductive Health, including all holders of DFSRH, LOC IUT, LOC SDI, and NHS Grampian Certificate for Implants in Primary Care in the Community and GP practices, and in Acute, Maternity and MHLD Services.

If you cannot attend the live event but would like to view the recordings afterwards, you should register and pay the fees for the event, and state in the registration form that you wish to "view the recordings after the event". This means you will be sent the meeting invitation, that will provide the links to the event and access to the recordings and documentation retrospectively. The event programme has been attached to the email used to send out this brief. There is also information available on the [Learning Zone of the staff intranet](#) (networked devices only)

IT Procurement Update The procurement of IT equipment such as printers, scanners and laptops continues to be a challenge across the UK. eHealth are continuing to work with suppliers to receive delivery of such items as quickly as possible. As soon as goods arrive with eHealth, our engineers will be in touch to arrange installation or collection of the requested devices.

We find ourselves in this position due to a global shortage of semiconductors that has been caused by the increased demand for electronic devices used across business but also by the home consumer. eHealth will continue to provide updates through the staff brief.

PPE donning and doffing training This training is available every Tuesday at 11am, via MS Teams. You can book your space by emailing gram.ipc-donn-doff-training@nhs.scot

Training opportunity – senior managers Managers in Partnership (the union for managers in health and care) are offering two webinars which may be of interest, as follows:

- Developing People from a Distance (Monday 7 June, 2pm) – You may not have seen the people you lead, in person, for more than a year. Perhaps you are responsible for people you've never met. This webinar will explore how to judge how your people are doing, how to establish what development they may need, and how to support the learning that will boost their effectiveness and future career. [This is the link for the Developing People from a Distance webinar](#), the password for the event is Distance.

- Powering you Up (Tuesday 8 June, 10am) – This session will look at how you can maximise your own energy reserves and power up through exploring exercise and nutrition, to help you get through the day, avoid burn out, and feel fitter and healthier. You can use these principles for yourself and your whole family. [This is the link for the Powering you Up webinar](#), the password for the event is Power.

What Matters to You day – 9 June 2021 Asking ‘What Matters To You’ helps start a conversation and a relationship between people giving and receiving care. It also helps you understand the person in the context of their own life and the things that are most important to them. There are lots of ways to ask ‘what matters’ including:

- What are the things that are important to you at the moment?
- What can I do to best support you in your care today?
- When you have a good day, what are the things that make it good?
- What are your goals and wishes today and how can I help you achieve them?

But it’s not just about asking, it’s about listening and doing too. To find out more or for downloadable resources please visit: [Resources – What matters to you?](#)

Tune of the day The COVID-19 testing booking team have taken the idea of a tune for the day and run with it, creating their own feelgood playlist. Team members take it in turns to add a song of their choice, resulting in an eclectic mix of tunes. You can check out the [full playlist on Spotify](#); for today we’ve picked an [absolute classic from Barry White](#) (yes, it’s being used to advertise a fast food chain at the minute, sorry if you end up with a craving for chicken...)

Get in touch! If you’ve got a question, an item to share with people working in health & social care, or just want to suggest a tune of the day, we want to hear from you! Drop us a line via gram.communications@nhs.scot.