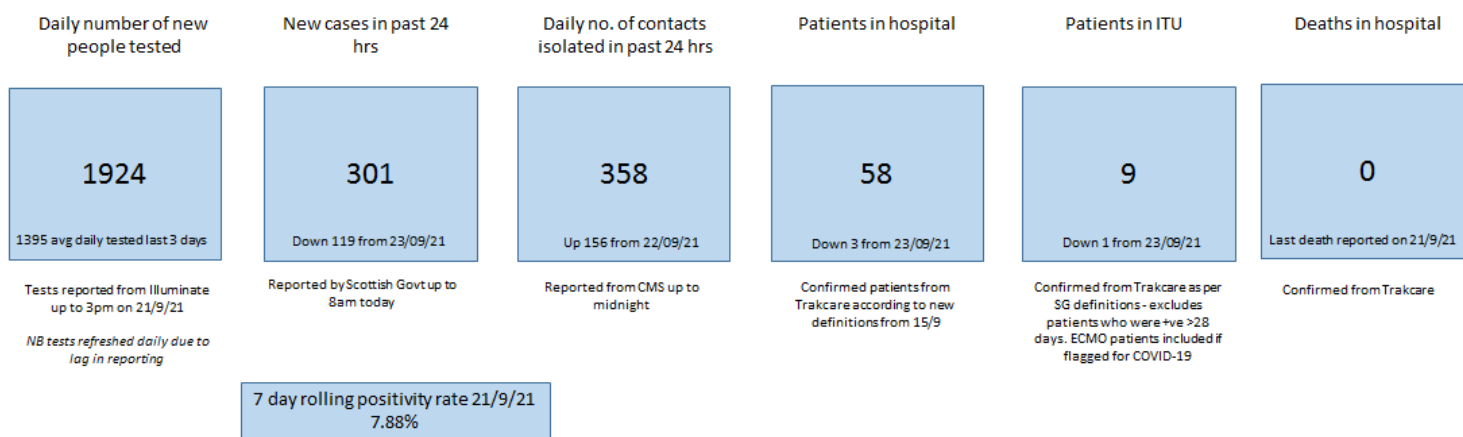


Here is the brief for Friday 24 September 2021.

Eye protection – reminder [Following the item in yesterday's brief on eye protection, please be aware more information, including photos and ordering details, is available on the intranet.](#) As ever, this link will only work on networked devices. Please note, the products available may vary slightly as this is dependent on supply from the National Distribution Centre.

Grampian data The local update for today is shown below.



[The Public Health Scotland daily dashboard is available to view via this link.](#)

Let's get quizzical – the answers Thanks to everyone who took part in our quick quiz yesterday. The answers are below. Of course, when it comes to this virus, there is always a story to tell beyond simple True/False answers. We'll be exploring these themes in more detail next week.

1. People who are doubly vaccinated more than two weeks after the second jab cannot pass on COVID-19 to someone else **False**
2. People who are doubly vaccinated more than two weeks after the second jab cannot get COVID-19 seriously enough to need hospital admission **False**
3. The level of protection of the vaccine can decline within six months **True**
4. People in a room with other people, but who socially distance from all the other people cannot catch COVID-19 from an infected person in the room **False**
5. A cloth face covering is advised because it reduces the chance of the person wearing it catching COVID-19 **False**
6. The symptoms of Covid-19 are always completely gone after three weeks **False**

Orange Award Presentations are still outstanding for recent Orange Award winners, so we continue to keep names under wraps. [The online nomination form is always available](#), alternatively drop an email to gram.nmahporangeawards@nhs.scot to nominate a colleague or team going above and beyond.

GP Welcome to First 5 Evening Event The Royal College of General Practitioners of Scotland are running a 'Welcome to First 5' evening via Zoom on Thursday 30th September from 7.30-9pm.

This event is targeted at newly qualified GPs and those new to practicing in the area. The evening will consist of discussion of what the college does as well as membership benefits and Q&A session with the co-chairs of RCGP Scotland. There will be a presentation on how to get the most out of appraisal with chance for questions afterward. You can then meet the local faculty. Our local chair of the faculty Chris Provan and myself, Doug Naismith - First 5 Representative, will be there. We plan to discuss what the faculty currently does and what you would like us to do in the future to support you.

[More information about the event, including a registration link, is available here.](#) Alternatively, please contact douglas.naismith@nhs.scot for more information

World Pharmacist Day This annual event takes place on 25 September; the theme this year is 'Pharmacy: Always trusted for your health'. A very prudent theme considering the year we have all had and the good work pharmacy colleagues have undertaken in community, hospital, primary care, and in academia and research during this challenging time. Pharmacy teams have been key in continuing the safe supply of medicines to patients throughout the pandemic, managing shortages, and supplying and administering vaccines.

It is important to note that although the 25th is labelled as World Pharmacist Day, the pharmacy team is much bigger than pharmacists alone. There are a large number of varied roles in pharmacy teams and the makeup differs depending on whether the team is in hospital, community pharmacy, or primary care. Pharmacy technicians are registered professionals and form an essential part of our teams. There is also a support staff of pharmacy assistants, dispensing assistants (community pharmacy), and the hospital team also has clerical and administrative staff and porters. Each and every member of our pharmacy team are essential to the running of the hospital pharmacy service which has many different areas including Dispensaries, aseptic services, medicines information, pharmacy distribution, radiopharmacy, clinical trials, quality assurance, vaccine services, and also clinical/ ward patient facing services. The teams in community and primary care are smaller than in hospital, however they work closely with each other with a common goal of ensuring safe and effective medicines use for our patients. If you would like to learn more about the Acute pharmacy service you can access information on the [Pharmacy Department intranet pages](#) (networked devices only)

Your Space Helen Bugg nominated Everything is Awesome from the Lego Movie as a possible tune of the day, partly because she says lockdown increased her Lego obsession, something she shares with her 5-year-old. This got me thinking, what hobbies have you started – or got serious about – due to all the time we've had to spend at home over the last 18 months? What creative solutions did you come up with to keep your hobbies going? As a Girlguiding leader, I took our weekly meetings online to stay connected with my Brownies. Drop us an email, to the address below, and tell us more!

[We've also got an important question to ask of you all today – in fact, possibly the most important question we have ever asked - when it comes to toilet roll, do you hang over or under?](#) As far as I'm concerned, there is a right answer to this!

Tune of the day We've got a very special request for Ellie King, from all the team at the Peterhead Vaccination Clinic. Ellie is off to pastures new, so the team have asked for [Good Riddance \(Time of Your Life\)](#) by Green Day. Another turning point, a fork stuck in the road...

We wish you all an enjoyable weekend. If you're working, stay safe and take care. Monday 27 September is a Public Holiday for NHS Grampian, so the brief will return on Tuesday.

If you want to request a song for tune of the day, follow up on items included in this brief, or suggest an item for sharing, drop us an email via gram.communications@nhs.scot