

Here is the brief for Tuesday 15 February 2022.

A PPE reminder Whilst we are all likely to experience PPE and pandemic fatigue occasionally, lets continue to keep our team safe by gently reminding our colleagues and ourselves to wear, don and doff our fluid repellent surgical masks (FRSMs) correctly.

Wearing a Face Mask

NHS National Services Scotland

Key Points

- Ensure physical distancing where possible and IPC measures are maintained (follow COVID-19 UK IPC guidance).
- Always perform hand hygiene before applying and after removing your face mask.
- Change face mask in line with manufacturers instructions and if it becomes damaged, contaminated or uncomfortable.
- Change face mask between COVID and Non-COVID areas.
- Face masks must meet approved standards (BS EN 14683).

Do →

- Ensure the mask covers your mouth, nose and chin.
- Remove the mask from behind ears (touching ties/loops only).
- Discard immediately in waste receptacle.
- Avoid touching or readjusting the mask once worn.

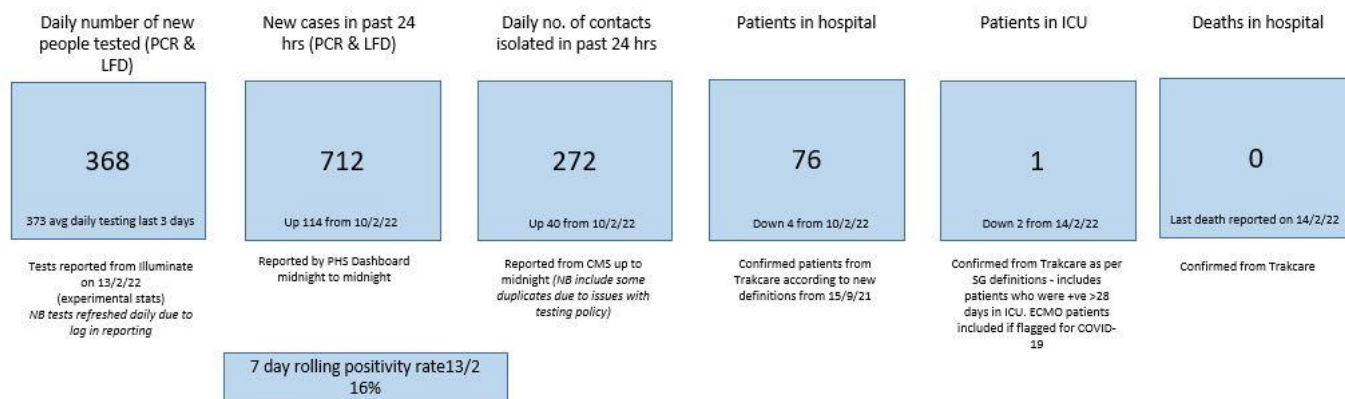
Don't →

- Do not remove the mask to cough or sneeze.
- Do not touch the front of the mask or readjust.
- Do not wear the mask under your chin, around neck or over 1 ear.

vt.0 July 2020

Time For You Alzheimer Scotland has been awarded funding from the Scottish Government to help support unpaid carers of people with dementia living in Scotland. You can apply for a grant of up to £300 to pay for a short break, equipment, or activity of your own choosing. [Click here](#) view further details and how to apply.

Grampian data The local report is shown below. A complete national report, including the option to view cases at a neighbourhood level, [is available via the Public Health Scotland daily dashboard](#).



RGU Graduations After the last couple of years, it is great to see the delayed graduations from RGU, are now being scheduled for the Classes of 2020 and 2021.

The RGU School of Nursing, Midwifery & Paramedic Practice the ceremony event will be on Monday 4 April 2022 at P&J Live (TECA). If you are planning to attend your graduation, please speak to your Team Leader/Senior Charge Nurse/Midwife to allow shift planning, so that you can have some well-deserved time-off to celebrate this important event with your friends and family.

Undertaking any academic studies during the COVID-19 pandemic has been a challenge and achieving your degree and registration should be acknowledged and celebrated and Team Leaders/Senior Charge Nurses and Midwives will support you to enable you to attend.

Enjoy your special day!

RGU Graduation information can be view here - [Class of 2020/21 – Graduation Celebration Event | Graduation | RGU](#)

Friday deadline for abstracts You will be aware by now that Aberdeen is poised to host a NHS Scotland National Event June 21-22. This will mark a return to in-person seminars and networking as the event focuses on Pandemic Recovery and Reform for the Future.

There is an opportunity for all health boards to submit abstracts for the parallel or spotlight sessions, which should demonstrate very real examples of excellent practice across NHS Scotland and its partners, for consideration by event organisers.

There are 12 Parallel sessions, repeated on both days, lasting 75 minutes and four Spotlight Sessions scheduled for each day which feature three separate presentations of up to 20 minutes each Abstracts for either parallel or spotlight should be focused around the general theme of the Event and reflect one or more of its programme areas: Focus on whole system, Quality, Values & Experience, Improved Population Health, Equity as well as Cross cutting themes – of transformation, sustainably and innovation, and workforce. Each Board is able to submit a maximum of 5 abstracts, which must be approved by the Chief Executive in advance.

The deadline for submitting abstracts to the organisers is February 23. So, if you would like to put an abstract forward for Chief Executive approval, please e-mail it to gram.conference@nhs.scot by 5pm on Friday, February 18, for assessment prior to consideration by the Chief Executive.

Tune of the day You don't need us to tell you that today marks the 48th birthday of Tomi Petteri Putaansuu... better known as Mr Lordi, the lead singer of Finish Eurovision winners Lordi. To celebrate the special day here's their pyro-laden winning performance from 2006, [Hard Rock Hallelujah](#). I think we

can all agree it is this possibly the most iconic Eurovision performance of our lifetimes – some of you may argue it's just ahead of Bucks Fizz and their skirt-ripping shenanigans, but I wasn't born then.

If you want to request a song for tune of the day, follow up on items included in this brief, or suggest an item for sharing, drop us an email via gram.communications@nhs.scot