

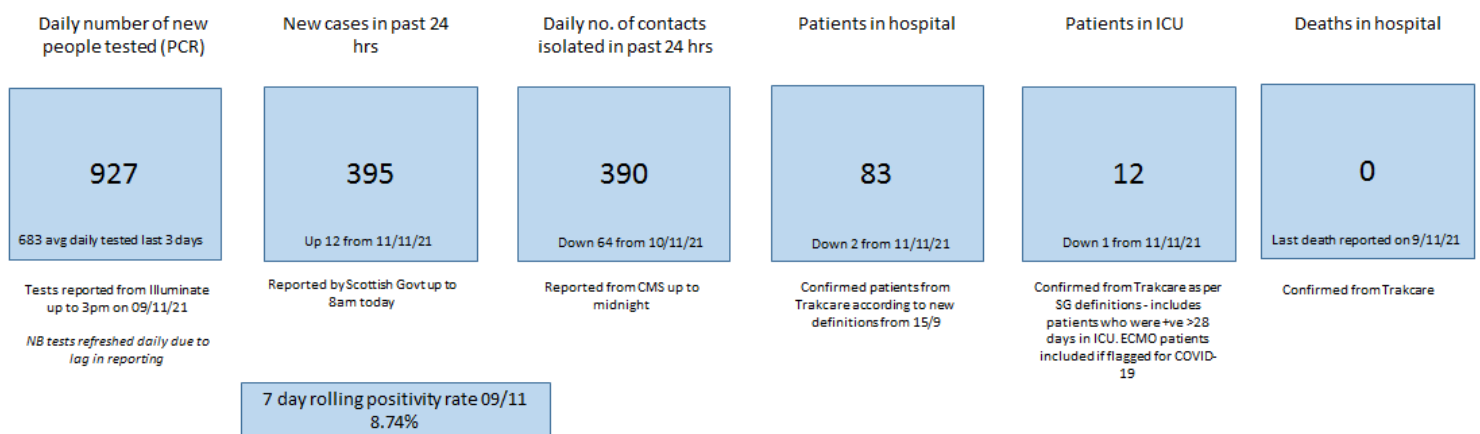
Here is the brief for Friday 12 November 2021.

**Food supplies** The availability of many food commodities has become very limited - or no availability at all – due to multiple factors, including COVID-19, Brexit, global markets, crop failures, tinsplate and plastics shortages, and so on. This is now having a daily effect on the deliveries being received with some turning up 25-30 lines short or substitutes received, resulting in daily adaptations and changes to menus. The knock-on effects of this are the ability to provide accurate allergen information, the quality of some dishes due to ingredients missing, and reduced consumer choice. This is not just an NHS Grampian issue; it is impacting across NHS Scotland and the greater global economy and is being raised at a national level.

We want to make you all aware of this situation, as the purchase of many products is outwith our control. The hospital kitchens will endeavour to notify all wards, cafes, and Aroma units affected where changes have been made to dishes, particularly where this results in changes to allergens present. It is equally important that this is widely communicated at ward level so staff can be vigilant, especially where vulnerable patients are concerned.

**What do you want to know?** Thanks to everyone who has already submitted their suggestions for additional data we could share in this brief. Most of the queries so far have focused on the vaccination status of patients in hospital, but you're also asking about whether COVID positive patients are in hospital due to the virus, or other reasons, and about the impact of COVID in pregnancy. We've passed all the queries to the Health Intelligence team, and we'll look to share more information in the briefs next week. [The form is still open if you would like to pop in any new, or different, data questions.](#)

**Grampian data** The local update for today is shown below.



[The Public Health Scotland daily dashboard is available to view via this link.](#)

**Moray Community Learning Disability team – new address** From Monday 22 November, the Moray Community LD team will be based at Unit 9C, Southfield Drive, New Elgin, Elgin, IV30 6GR. Their contact numbers are as follows:

- **Health Team: 01343-567105**
- **Duty Social Worker: 01343-567102**

**Seasonal wellbeing support** The darker mornings and evenings can weigh heavily on all of us. Two webinars, [focusing on sleep quality, are being offered by the National Wellbeing Hub](#) on 22 November and 7 December. To find out more, and see the other webinars they run, just click on the link. Webinars are also recorded and are available to view online if you are unable to attend on the relevant dates/times.

**Orange Award** We're delighted to say Stephen Scott, an Anatomical Pathology Technologist based in the Mortuary at Foresterhill, is the most recent winner of the Orange Award. If you working with an individual or team going above and beyond in health & social care, why not nominate them for an Orange Award? You can either email the details to [gram.nmahporangeawards@nhs.scot](mailto:gram.nmahporangeawards@nhs.scot) or you can [complete the online nomination form](#).

**Essential skills for Cycling & Driving** As part of Road Safety Week (which starts on Monday) free training on the essential skills for cyclists and/or drivers is being offered. [There's more information about the training – which takes place on Thursday 18 November - and booking links on the intranet](#).

**Free books!** Our partners, The Scottish Book Trust, have given the NHS Grampian Libraries team copies of short stories on the theme 'Celebrate' to give away during [Book Week Scotland](#) which begins on Monday (15 November). Contact us via [cornhill.library@nhs.scot](mailto:cornhill.library@nhs.scot) and we will get a copy to you. You're not too late to arrange a special BWS [Book Blether](#) or find out more about monthly big [Book Blether](#) – just click the relevant links.

**Sunday Reflections on Grampian Hospital Radio** Healthcare Chaplain Mike Newlands will be hosting a new show on Grampian Hospital Radio (GHR) from this Sunday (14 November). The show will be a non-religious time of reflection, with a mix of music, poetry, stories, and readings. The first show will air at 10:45 am, with a Remembrance theme, the from 11am on the following Sundays with different themes each week. You can listen in on Channel 1 on the Hospedia bedside system and via the GHR listening App. If you miss the show on a Sunday, you can listen to Sunday Reflections again on the GHR listening App in the catch-up section of the App

**Tune of the day** Ewan Millar has selected today's tune, dedicated to John Gerrard, a GP and Speciality Doctor in Old Age Psychiatry:

*“John is basically the unsung hero of Old Age Psych and supports the juniors there with his sage-like medical wisdom. It's hard picking a song for him but he's an 80s child so I'd probably go [Eye of the Tiger by Survivor](#). He's a really swell guy and was an absolute rock when I worked there”.*

As ever on a Friday, we hope you manage to find some time to rest and recharge over the weekend. If you're on shift, thank you and take care. The brief will return on Monday.

If you want to request a song for tune of the day, follow up on items included in this brief, or suggest an item for sharing, drop us an email via [gram.communications@nhs.scot](mailto:gram.communications@nhs.scot)