

Tuesday 3 October 2023

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**Board meeting** The Grampian NHS board will meet this Thursday. The matters under discussion affect all of us and we would encourage everyone to view all the papers for this meeting. The topics under discussion will include the current financial position, the Baird & ANCHOR developments, and our sustainability strategy.

All papers for the board meeting can be viewed here: [5 October 2023 \(nhsgrampian.org\)](#) or by heading to the About Us>Grampian NHS Board>Grampian NHS Board Meetings>2023 Board Papers.

**Infection Prevention and Control Induction Checklist for ward areas** The IPC Team, in conjunction with the HAI Education Group, have developed an induction sheet to be used in ward and departments to guide and evidence IPC induction for new starts in these areas. This document can be found on the [Infection Prevention & Control Intranet page](#) (networked devices only). If you have any feedback or require any further information, you can email the team on [gram.infectioncontrol@nhs.scot](mailto:gram.infectioncontrol@nhs.scot)

**ICYMI – pensions update** We shared an FAQ document last week, to help you understand the changes to the pension programme which came into effect on 1 October. If you missed it, it's attached to the email used to send out today's brief.

**Long Covid – want to know more?** A bespoke page is available on Turas to help you develop your knowledge and understanding of Long Covid: [Long COVID | Turas | Learn \(nhs.scot\)](#). Originally designed with Allied Health Professionals in mind, the resources are relevant for anyone working in health & social care who may support patients or clients post-COVID. The resources provided are at an 'informed' or general level, rather than for people delivering specialist services.

**Storing laptops, other devices, and notes away from your base** If you regularly take NHS Grampian devices (laptop, tablet) or information (notes etc) either home or away from your usual work base, please do not leave them in a car unattended. Unfortunately, car crime does happen, and the loss of NHS data or devices can make a bad situation worse. Please make sure your devices and information are with you during the workday – remembering to always lock devices if you are away from your desk - and are secured in your home if you have them overnight.

**Nurses, Midwives & AHPs – new graduate welcome event** We will be holding a welcome event for new graduate nurses, midwives, and AHPs joining NHS Grampian on Wednesday 15 November. This will take place at Kings Community Church (old AECC), Bridge of Don, between 9am-2pm. All new graduate recruits are required to attend one of these events, which give you the opportunity to meet the senior leadership team and learn about initiatives like Flying Start. Please discuss attending with your line manager and [then book your place via Turas using this link](#) or searching 'NMAHP Welcome'

**Reminder - Management of Hazardous Substances – training now on Turas** We all have responsibility to make safety at work a priority for ourselves, our colleagues, patients, visitors, and for the organisation. One risk to safety is hazardous substances. A hazardous substance can be anything from cleaning fluids to medical gases. They are legally managed under the Control of Substances Hazardous to Health (CoSHH) regulations. To support the management of hazardous substances, the organisation must assess and manage these risks, and provide suitable training. We're pleased to say CoSHH training is now available on Turas, making it much easier for you to complete it. The training is split into three modules:

Module 1: covers important information and signposting to the available tools to support staff with Control of Substances Hazardous to Health (CoSHH) and provides staff and managers with an overview of what CoSHH is, what CoSHH does and does not cover, why CoSHH is important and the responsibilities CoSHH places on organisations and individuals.

Module 2: This module is to provide staff and managers with an overview of how to identify hazardous substances, Safety Data Sheets (SDS), how hazardous substances are assessed, Workplace Exposure Limits (WEL), carcinogens, mutagens and biological agents, and control measures.

Module 3: This module covers the final information and training to become an Editor on Sypol to support the management of Hazardous Substances under the Control of Substances Hazardous to Health (CoSHH) Regulations and provides staff with the information and training for those who wish to become an Editor on the Sypol System.

[You can find the modules on Turas here](#) (requires log-in) or simply search 'Sypol' when you next log into the platform.

**Donning & doffing refreshers** The Infection Prevention & Control team offer regular refreshers on the correct way to don and doff PPE. Upcoming dates as follows, all sessions start at 11am and are delivered on Teams:

- Tuesday 11 October
- Wednesday 8 November
- Tuesday 12 December

Simply email [gram.ipc-donn-doff-training@nhs.scot](mailto:gram.ipc-donn-doff-training@nhs.scot) to book your place.

**Relocation expenses policy** The draft relocation expenses policy is out for consultation. A copy of the policy and details on how to get involved are available here: [NHS Grampian News - Draft NHS Grampian Relocation Expenses Policy... \(scot.nhs.uk\)](#) (intranet link, networked devices only). The consultation closes on 7 November.

**Tune of the day** Today's tune is dedicated to David Fraser, who retires from the Moray podiatry team after spending more than 30 years in the service. His manager, Sarah, regularly plagues him with Take That, and since David will be returning occasionally, he's not escaping that pleasure. For David, from all the team, here's [Never Forget](#)

Thursday is National Poetry Day; we're breaking our tune routine to ask for your poetry requests. What poems do you love? The theme of this year's event is Refuge, so bear that in mind. Also bear in mind how helpful it is to be able to link to a recording of someone reading your chosen poem (EP)

If you want to request a tune, follow up on items included in this brief, or suggest an item for sharing, drop us an email via [gram.communications@nhs.scot](mailto:gram.communications@nhs.scot)