

Wednesday 3 April 2024

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**Chief Executive's Team update** We are pleased to confirm June Brown (Executive Nurse Director) will take on the role of deputy Chief Executive, with immediate effect, to support Adam Coldwells in his role as interim Chief Executive. June's role as Senior Responsible Officer for the Baird & ANCHOR Project will pass to Prof Nick Fluck (Medical Director) effective from Wednesday 10 April.

**Reminder - retail catering - price increase** Unfortunately, due to the continued high cost of food and beverages, there will be a small increase in prices at all retail catering outlets from **next Monday (8 April)**. From now on, prices charged will track the Consumer Price Index, allowing the retail catering outlets to charge a fair price for the drinks, snacks, and meals they produce and help the service break-even as it is required to do.

From Monday, a large latte from Aroma will cost £2.70 (£2.45 staff price), a muffin will cost on average £2.00 (increase of 5p). There will be no change in the price of sandwiches. You can continue to get a discount on all hot drinks in any unit by bringing your own cup, please ensure it is clean. Main meals in the cafes will increase by between 10-15p and will typically cost between £2.80-£4.15, depending on your order. There will also be a slight increase in the cost of hospitality catering; please ensure you use the correct booking form, [available on the Catering intranet page](#) (networked devices only).

**When Central Stores orders go astray** In an organisation as big as ours there is always the chance of a Central Stores order being delivered accidentally to the wrong location. If you have had items mis-delivered to your department, labelled for another area, please contact your local porters or transport to have them collected and delivered to the correct area. You should state these have been delivered to the wrong location, giving them your location and the labelled location of the order, so redelivery can be arranged. Stores cages should also be returned to Central Stores as soon as possible. This will avoid having to condense cages for larger areas which can lead to mis-deliveries.

**Good Clinical Practice update course** Face to face sessions of the NRS Good Clinical Practice (GCP) update course will resume on Tuesday 30 April, 9.30am-1pm, in the ARI Medical Lecture Theatre. Booking is essential, please contact [gram.randdtraining@nhs.scot](mailto:gram.randdtraining@nhs.scot) to secure your space. [Full details of the course via this link.](#)

**Palliative Care evening education series** The next online evening talk organized by the Grampian Palliative and End of Life Care Network will take place via Teams on Tuesday 30 April, 6-7pm. Led by Dr Fiona Thomson, Respiratory Consultant, this session will focus on Palliative & End of Life Care in Respiratory Disease. This session is open to any staff with an interest in palliative medicine and registration is via this link: [Microsoft Virtual Events Powered by Teams](#)

## We Care Wellbeing Wednesday

- **We Care website** Did you know there is a range of wellbeing resources currently on offer? Have a look at our We Care Website: [We Care \(wellbeing support for health and social care staff across Grampian\) \(nhsgrampian.org\)](https://www.nhs.uk/healthcareprofessionals/we-care). Here, you can check out what support is available for you, either as an individual, a team or as a manager. In addition, our website has a range of useful resources, activities, courses and contacts all aimed at improving and enhancing wellbeing. Please email us at [gram.wecare@nhs.scot](mailto:gram.wecare@nhs.scot) if you would like any more information.
- **Staff Support Sheet** Have a look at our [Staff in Distress Information Sheet](#) to see the wide range of support available – both internally and through outside agencies. These resources are available for you or any colleague if you are experiencing distress or are in crisis, including those experiencing mental health concerns. Please have a look, share with others, or print out for circulation/wellbeing boards. If you would prefer a paper copy, please contact We Care via [gram.wecare@nhs.scot](mailto:gram.wecare@nhs.scot)

**Tune of the day** Our tune today goes out to occasional steward of this feature, Gary Cruden, as he and his partner Kristen prepare for parenthood. Since Gary always ensures the long hair/loud guitars branch of music is well represented, here is The Darkness and their take on [Street Spirit \(Fade Out\)](#). Yes, the Radiohead song. Really. (EP)

If you want to request a tune, follow up on items included in this brief, or suggest an item for sharing, drop us an email via [gram.communications@nhs.scot](mailto:gram.communications@nhs.scot)