

Thursday 11 January 2024

January pay date If you get your pay monthly, salaries will be paid on Friday 26 January. A list of pay dates for both monthly and weekly pay [is available on the Payroll intranet page](#) (networked devices only)

Road works – Foresterhill Health campus – this Saturday To allow for essential works outside The Baird Family Hospital there will be a STOP/GO traffic system in place on Foresterhill Road **this Saturday** (13 January). These works will not affect site access and priority will always be given to emergency vehicles. Apologies in advance for any inconvenience caused.

Staff car parking – Foresterhill Health Campus A reminder that, while staff can use the multi-storey car park at Foresterhill, it is also a patient facility. We need to ensure they can get parked too; therefore, the lower levels must be kept clear for their use. Staff should use Level 6 and above.

New vending machines – pricing & maintenance All vending machines have now been installed by our new supplier, Abercomby, who have advised their typical prices are as follows:

- Crisps £1.10
- Chocolate £1.10
- Water £1.30
- All other 500ml drinks £1.60 (increase from April to £1.80)
- 12oz hot drink £1.50

If there are any issues or faults with a machine, please contact Abercomby directly, via info@abercombyvending.com. Requests for additional vending machines should be made to Fiona McKenzie (fiona.mckenzie3@nhs.scot). Areas must be audited before a machine is installed.

Values Based Reflective Practice (VBRP®) – Essential Toolkit Training VBRP® aims to support wellbeing and equip you with distinctive tools to reflect on your practice, to continue to deliver person-centred care and re-connect with your core values. At the end of the Essential Toolkit course, participants may:

- Reflect on their own practice using the tools
- Participate more fully in a group or meeting facilitated by a registered facilitator where the tools are used to reflect on past or future practice

Interested? Training will take place on Thursday 15 February, 10am-4pm, in Room 210, Suttie Centre, Foresterhill Health Campus. For more information or to apply for a place, please email gram.vbrp@nhs.scot. Open to all health & social care staff.

Recruitment to next cohort of the Scottish Quality and Safety Fellowship Applications will be accepted from **Friday 2 February**, recruitment will close at **10am, Friday 22 March** and interviews will be held virtually on Teams w/c 24 June. An applicant pack containing person specification, programme outline, application form and advertisement can now be downloaded from the QI Zone: [Recruitment | Turas | Learn \(nhs.scot\)](#) For informal enquiries please contact matthew.jobson@nhs.scot , Deputy Head, Quality Improvement & Assurance Team.

Near Me video consulting – the story so far Near Me (Attend Anywhere) video consulting has now been in existence since late 2016 – indeed the very first live video call in Scotland with a patient was made by our very own Steve Baguley in Sexual Health. Since then, NHS Grampian has grown to be one of the highest users of Near Me, both during and since the pandemic. Some 7 years on, and with Near Me moving from a project to business-as-usual footing, the Scottish Government has just published its final report on Near Me. This report can be found on our Near Me intranet site by [clicking here](#).

Data for October 2023 shows the level of Near Me video calls undertaken more recently in Grampian across all NHS Grampian and H&SCP services. [This data can be viewed here](#) (intranet link, networked devices only). Monthly usage has roughly halved from the height of the first lockdown, something replicated across all Scottish health boards. Nevertheless, we continue to have the second highest rate of Near Me usage per 100k population – only Orkney is higher - as the final report highlights

Meanwhile, in a bid to address digital inequality, library services in Moray are exploring plans to expand to four of their community libraries; a private, bookable, room complete with an iPad is already on offer at Elgin library, allowing locals to attend scheduled Near Me appointments. Aberdeen City Council are considering similar ideas for Aberdeen Central Library. Further details will be shared once known. The Scottish Government's Near Me website [Where Can I Make a Call? – Video Appointments \(nearme.scot\)](#) hosts a list of all those community based digital hubs across Scotland where members of the public can book a private room with internet access, so they can attend a Near Me appointment.

Got a question about Near Me or want to know more? Visit the NHSG [Near Me intranet page](#)

Staff Equalities Network The next meeting of the Staff Equalities Network will take place on Wednesday 17 January, 2-3pm. The guest speaker will be Rakiya Suleiman, Equality and Diversity Advisor, NHS Lothian. Rakiya, along with communities and stakeholders, has been instrumental in developing the response to research which revealed that the Royal Infirmary of Edinburgh had inherited 39 slaves on an estate in Jamaica, the proceeds of which were used to “buy medicines, construct a new building, employ staff, and heal Edinburgh's "sick poor". This important work has been reported widely in the press, and you can find further information at the link here [NHS Lothian to make amends for slave ownership in 18th Century - BBC News](#)

Don't miss what we expect to be an enlightening presentation and discussion. If you would like any further information, or would like to join the meeting, please contact gram.staffequalities@nhs.scot for the link to join

Tune of the day Sarah Boslem makes today's request, on behalf of Aberdeen's South Pink Health Visiting team. Nicola Ross, their much-loved team co-ordinator/administrator is leaving them after 19 years. Nicola does a sterling job of keeping the team organised and they will miss her very much; as she's a big musicals fan, the team have asked for [Mamma Mia](#) (EP)

If you want to request a tune, follow up on items included in this brief, or suggest an item for sharing, drop us an email via gram.communications@nhs.scot